



Public consultation

A proposal to build a new centre for elective (planned) orthopaedic surgery at Colchester Hospital

A partnership of:

East Suffolk and North Essex NHS Foundation Trust
NHS North East Essex Clinical Commissioning Group
NHS Ipswich and East Suffolk Clinical Commissioning Group



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A note on the terms we use in this document

The NHS is full of specialist language. Some of these terms are explained below.

Elective care	A patient's care that is planned in advance. Care that is not being given as an emergency
Inpatient	A patient who is staying in hospital for their care
Outpatient	A patient who has a booked appointment in a clinic
Orthopaedic	Healthcare that relates to bones and muscles

About this document

This document has been developed with:

- Patients and the public through a series of public engagement workshops across east Suffolk and north Essex attended by members of the public, local councillors, Patient Participation Group representatives, voluntary organisations and Healthwatch.
- East Suffolk and North Essex NHS Foundation Trust (ESNEFT)
- NHS Ipswich and East Suffolk Clinical Commissioning Group and NHS North East Essex Clinical Commissioning Group (the CCGs)
- Essex County Council (ECC)
- Suffolk County Council (SCC)
- Ipswich Borough Council
- Colchester Borough Council
- NHS England (NHSE)
- NHS East Of England Clinical Senate

The Clinical Commissioning Groups (CCGs), as the planner and commissioner of services for east Suffolk and north east Essex, will listen to your views and will make the final decision on any changes to services. No decisions have been taken yet.

The purpose of this document

This document is for use by our patients, local people, colleagues, and other interested people.

It provides information about our proposals to build a centre for planned orthopaedic surgery at Colchester Hospital. It forms the basis of our public consultation about these proposals.

When you have read the information we provide here, you can let us know if you have any thoughts or feedback on our proposals. This document shows you how to do that and where to go if you would like more information.

What is a consultation?

A consultation is a formal process for gathering people's views and feedback about proposals for change.

The services covered by this consultation are:

Planned orthopaedic surgery for adults where a stay in hospital may be needed. This would be surgery for bones, joints and muscles such as a hip or knee replacement.

The consultation is about

How we can provide people who live in Colchester, Ipswich, east Suffolk and north east Essex with great care for their planned orthopaedic surgery in a new state-of-the-art NHS building in four years' time.

Please keep reading to see what changes we are proposing and an explanation of why we believe we need to make them.

Why are we consulting?

By consulting, we want to have meaningful discussions with our communities when we are planning changes to services.

By hearing and listening to the views of the public about the services we plan and commission, we can learn to do things better.

This consultation is your opportunity to have your say on how hip and knee surgery for adults is provided for our patients in the future.





A proposal to build a new centre for elective (planned) orthopaedic surgery at Colchester Hospital

Introduction

East Suffolk and North Essex NHS Foundation Trust (ESNEFT) was created on 1 July 2018 from the merger of Colchester Hospital University NHS Foundation Trust and The Ipswich Hospital NHS Trust.

In our plans for the merger we said if we planned to make significant changes to the way we deliver services, we would work with our patients and the public and, if needed, we would do a public consultation.

We are committed to ensuring equality of access and experience for our service users, carers and local communities. These duties are outlined in the NHS Constitution and under our Public Sector Equality Duties in the Equality Act 2010. During this consultation we will look to work in partnership with our diverse communities to take into account the factors that impact on people's health and wellbeing, such as income, where they live, their cultural background and life choices.

Why do we want to change?

In the spring of 2018, we were allocated £69.3 million from the government to fund improvements to our buildings. This money must only be used to improve our buildings for urgent and emergency care, and to update planned (elective) services.

Our strategy focuses on our plans to use this money to provide significant benefits to our patients, their families and carers.

This is a once-in-a-lifetime opportunity to make a significant investment in the health and wellbeing of the people in our area. This exciting programme is called 'Building for Better Care'. This is in two parts:

Part one: the development of urgent and emergency care on both the Colchester and Ipswich hospital sites.

Part two: new facilities for planned care (we call this 'elective' care in the NHS), including improved facilities for day surgery at Colchester Hospital and a new centre for planned orthopaedic surgery.

This public consultation relates to part two only, and specifically the development of a new single centre for planned orthopaedic surgery, which we propose to build at Colchester Hospital. Planned surgery for adults, including a stay in hospital, would be done in one centre, serving the whole of east Suffolk and north east Essex.

The new centre would have:

- at least 48 inpatient beds built to the latest standards
- up to six new specialist operating theatres
- a focus on planned joint replacements and revisions

The new centre would improve the overall experience for patients, their families and carers. The physical environment of the new building, waiting times for surgery, cancellation rates and length of stay would benefit.

Artist's impression of the new planned orthopaedic surgery centre



We expect that the improved facilities would help us attract and retain top quality NHS staff to care for our patients.

When we formed ESNEFT, we committed to maintaining two vibrant hospitals at Colchester and Ipswich. Alongside the development of the orthopaedic surgery centre at Colchester there are also significant developments planned for Ipswich Hospital. In coming years we will be completely redeveloping our breast and children's units and relocating dermatology, neurophysiology and other clinical services into more modern accommodation, paving the way for the redevelopment of the Victorian north end of the hospital. Our new, expanded emergency department will also have a new urgent treatment centre.

What won't change?

The following orthopaedic-related services would continue to be available at both Ipswich and Colchester hospitals:

- orthopaedic outpatient clinics - orthopaedics is a medical specialty treating disease or injury to the skeleton and associated soft tissues
- visits for physiotherapy or occupational therapy
- pre-assessment visits before the operation
- diagnostic services such as CT, MRI and X-Ray
- emergency care, including surgery for a broken hip for example.

What will change?

Last year local NHS patients needed around 3,400 planned orthopaedic procedures. Building a new centre for both Ipswich and Colchester hospitals' patients would mean that about half (around 1,400 people) will have their surgery done at a different centre from where they would today. This amounts to around 14 patients having surgery each day, of which around five or six would have gone to Ipswich Hospital. We plan to build the centre at Colchester Hospital. We do more than 100,000 planned operations in all specialities each year.

All other care for patients receiving orthopaedic surgery would continue to be available at both hospital sites in Ipswich and Colchester. This means that surgery would happen at Colchester, but care before and after the operation would be at the closest hospital to the patient's home.

The benefits a new centre could bring are very positive, and mean we can deliver some real improvements for patients, their relatives and carers, and our staff, such as:

- fewer cancelled operations – this is because beds in the centre would be dedicated to this service and not for emergency patients
- shorter waits for surgery
- increased capacity to treat all local people well into the future
- offering excellent outcomes for patients from surgery
- attracting and keeping top quality staff
- increasing research, teaching and innovative treatments.

What about staff?

This centre would enable our staff to work in new and exciting ways which would improve care for our patients. There would not be any job losses. We are already working closely with all our staff, especially those who would be affected by this proposal. Their views and ambitions are essential to planning the new service. We are working with them to deliver a new centre which is safely staffed for our patients.

The doctors, nurses, therapists and support staff who would be providing services at this new centre will be the same as those who are providing the services now at both the Ipswich and Colchester sites. They would also be the same people who would be providing care before and after surgery, from both sites. When the centre is built, some would be based there, some would work at both the new centre and Ipswich Hospital.

We know that it can be tough to recruit NHS staff. We believe this new specialist centre would really help us to recruit and keep the excellent staff we need to provide the best care for our patients.

How much will it cost?

East Suffolk and North Essex has been allocated funding to improve healthcare buildings for patients. In the spring of 2018, ESNEFT was allocated £69.3 million by the government to fund improvements to our buildings. The improved facilities for day surgery and the new centre would cost around £44 million to build, and we would use the government money to build it.

After this consultation is complete, it would take about four years before the new centre is opened.



How did we select our preferred location?

The £44 million available to us from the government to improve facilities for planned care would be used to build a new orthopaedic surgery centre and to replace the day surgery unit at Colchester Hospital.

Doing nothing is not an option because we need to reduce the unacceptably long waiting times for our patients. The money has been allocated to build a new centre to achieve this.

Three potential locations for the new orthopaedic centre were considered at the start of the project. These options were also discussed with patients, carers and community groups. After the early planning work was complete, one site, Colchester Hospital, emerged as the preferred and only affordable option.

We ruled out two other options because:

- **Building the centre away from either hospital site.** For example, this could have been near the A12/A14 interchange at Copdock for a more central location. This would be unaffordable and our clinicians agreed that it would not work in clinical terms. This is because the new centre must have rapid access to other important clinical services like x-rays, scans and blood tests, as well as intensive care beds.
- **Building the new centre at Ipswich Hospital.** To create the space to build the centre at Ipswich, we would need to spend some of the money moving other facilities to make way for the new building. This would not leave us enough money to replace the day surgery facilities at Colchester Hospital and meant that this option was also unaffordable.

Building the centre at Colchester Hospital is the preferred option because:

- The addition of at least 48 beds and up to six specialist operating theatres would free up existing beds and specialist theatres at both Colchester and Ipswich Hospital to improve facilities for orthopaedic day surgery, spinal and emergency trauma surgery.
- There is space available on the Colchester Hospital site with rapid access to other important clinical services that does not require us to move other facilities. This means that we can also complete the rebuild of the day surgery unit.
- The centralisation of planned orthopaedic surgery to Colchester creates space at Ipswich Hospital. This clinical space would allow us to start to upgrade the environment for other services over the next few years. This would also mean some services can be nearer to one another, allowing them to work more effectively.

In addition, travel to Colchester Hospital is easier for more of our patients. This is because more than half of current planned orthopaedic surgery patients are served by Colchester Hospital. Predictions show there will be even more patients for this type of surgery living in the Colchester area over time. Between now and 2041, the Colchester population is predicted to grow by around 17%, and the Ipswich population by around 9%. Colchester Hospital has better links to public transport, making it easier for patients, their family and carers to attend. Fewer people from our most deprived communities would be affected.

What about travel to the new centre?

We have thought a lot about the impact on travel for patients. We know getting to the new centre for surgery would mean some people have further to travel. Those people could be unwell or frail patients, and their families and carers. This would mostly affect people who live further away from Colchester and in places that are more rural.

Putting the new centre at either site would increase travel for slightly less than half of the patients. Some planned orthopaedic operations currently involve up to six visits to the hospital before surgery. The new centre would only affect the part of the care relating to the stay in hospital for an operation but we are also working to simplify the process of preparing patients for surgery to reduce the overall number of journeys to hospital. This would reduce inconvenience for patients, their families and carers.

People who qualify for funded patient transport to hospital would continue to do so and would be taken to the new centre.

You can read more about travel on our public consultation website at www.esneft.nhs.uk/publicconsultation



Where can I get more information about this consultation?

Please visit our website at www.esneft.nhs.uk/publicconsultation to see all of the documents relating to this public consultation, including:

- A report on our work with local patients and groups to develop this public consultation
- A business case for the new orthopaedic surgical centre
- Our Equality Analysis
- Our analysis of the proposed plans on travel arrangements for patients and carers
- Our financial analysis for this new building
- A report from the NHS East of England Clinical Senate on our plans.

What about the growing and ageing population?

We already have a growing demand for services because of the current and predicted growth in our population and because people are living longer.

The Equality Analysis supporting this consultation document provides further data and analysis on the needs of our population across all groups protected under the Equality Act 2010. We want to ensure that the model of provision for the new centre is inclusive and removes barriers or anything that can disadvantage our communities. We have considered access to the centre and the specific needs of disadvantaged communities.

The new centre would be designed with this in mind. The centre would have the capacity to include more beds and provide more operations as the demand increases.



What happens next?

Throughout the consultation, ESNEFT and the CCGs will keep track of how the consultation is progressing and the comments received. All feedback and responses will be read and included in a final report which will go to a decision making group and then for recommendation to the accountable organisations' Boards. Your feedback will help us finalise our plans.

The final decisions relating to these proposals are expected to be taken by the CCGs' Governing Bodies in summer 2020. This will be a decision about building the centre in Colchester. A copy of these decisions will be sent to all those who included their email address when they sent their views. It will also be published in full on the ESNEFT and the CCGs' websites. We look forward to hearing from you.

Will what I say make any difference?

Yes. This is your opportunity to let ESNEFT and the CCGs know your views about our proposal to build a new planned orthopaedic surgery centre in Colchester.



How can I give my views?

We would like to know what you think about our proposal to build a new orthopaedic surgery centre for adults at Colchester Hospital, and what impact this proposal may have on you.

There are several ways that you can share your views:

- Complete the online version of the consultation questionnaire and give us your feedback online. Simply visit **www.esneft.nhs.uk/publicconsultation**
- Download and print a copy of the questionnaire from the website and post it to:
Freepost Orthopaedic Surgery Centre Public Consultation
- Give us your views in person by attending one of the public meetings we have set up. At these meetings you will also be able to ask questions about the proposals. Please note the doors will open to the public ten minutes before the meeting start time.

9 March **Wivenhoe**, Congregational Church, High Street, Wivenhoe, Colchester, Essex, CO7 9AB 2 - 4pm
 Eye, The Bank Arts Centre, 2 Castle Street, Eye, Suffolk, IP23 7AN 6 - 8pm

10 March **Woodbridge**, Community Hall, Station Road, Woodbridge, Suffolk, IP12 4AU 10.30am - 12.30pm
 Ipswich, Central Library, Northgate Street, Ipswich, Suffolk, IP1 3DE 6 - 8pm

11 March **Harwich**, Park Pavillion, Barrack Lane, Harwich, Essex, CO12 3NS
 10.30am - 12.30pm
 Clacton, Coppins Hall Community Centre, Maldon Way, Clacton on Sea, Essex, CO16 7PA 2 - 4pm

12 March **Aldeburgh**, Fairfield Centre, 5 Fairfield Road, Aldeburgh, Suffolk, IP15 5JS
 10.30am - 12.30pm
 Colchester YMCA Hall, Williamson House, 159 Magdalen Street, Colchester, Essex, CO1 2JX 6 - 8pm

13 March **Needham Market** Community Hall, School Street, Needham Market, Suffolk, IP6 8BB 10.30am - 12.30pm
 Felixstowe, Orwell Hotel, Hamilton Road, Felixstowe, Suffolk, IP11 7DX 2 - 4pm

- By letter to the freepost address:
Freepost Orthopaedic Surgery Centre Public Consultation
- By email to **hello@esneft.nhs.uk** Please title your email 'Orthopaedic Surgery Centre Consultation Response'.
- Get involved on social media. As part of the consultation we are going to run a series of social media chats for people who are unable to attend the consultation meetings. These will be available on Twitter using the hashtag **#BuildingForBetterCare**

When can I make comments?

You can start making comments from 4pm on 18 February.
The consultation closes at 5pm on 25 March 2020.

Monitoring

We are committed to the principle of ensuring effective consultation on these proposals. We will be following all current guidelines on public consultation. An independent academic will assist us by monitoring the consultation process and providing an independent analysis of the feedback we receive.

All partners involved in this consultation operate the NHS complaints system. If you have any comments about this consultation process, please contact the Patient Advice and Liaison Service (PALS):

- By telephone: **0800 328 7624**
- By email: **pals@esneft.nhs.uk**
- By post to:
Patient Advice and Liaison Service (S617)
Ipswich Hospital
Heath Road
Ipswich
Suffolk
IP4 5PD



If you would like a copy of this publication in another format such as Braille, large print, audio or in another language, please contact:

Freepost Orthopaedic Surgery Centre Public Consultation

Email hello@esneft.nhs.uk

Call **01206 742 347** – Monday-Friday, 9am-4pm





Have your say on:

A proposal to build a new planned orthopaedic centre at Colchester Hospital

1 Do you support this proposal to build a new planned orthopaedic centre at Colchester Hospital?

Yes

No

If not, please explain why

2 What forms of transport would you use if you were to travel to this new centre?
(select all that apply)

private car or van

community transport service

bus

taxi

train

other



3 If you need to have planned (non-emergency) orthopaedic surgery, how will this proposal affect you?

4 If you need to have planned (non-emergency) orthopaedic surgery, how will this proposal affect others (including your family, relatives, friends, carers)?



5 What could we do to make this centre for planned orthopaedic surgery in Colchester easy for you to access?

6 What else would you like to say about this proposal?



About you

I am

- | | |
|--|---------------------------------------|
| <input type="checkbox"/> A patient or user of services | <input type="checkbox"/> NHS Employee |
| <input type="checkbox"/> Carer or family member | <input type="checkbox"/> Other |

I am representing (name of organisation) (optional)

I am

- | | | |
|---------------------------------|--|--------------------------------------|
| <input type="checkbox"/> Male | <input type="checkbox"/> Other | <input type="checkbox"/> Transgender |
| <input type="checkbox"/> Female | <input type="checkbox"/> Prefer not to say | |

If you prefer to use your own term, please specify here:

I am

- | | | |
|-----------------------------------|--------------------------------|--|
| <input type="checkbox"/> Under 18 | <input type="checkbox"/> 35-44 | <input type="checkbox"/> 65-74 |
| <input type="checkbox"/> 18-24 | <input type="checkbox"/> 45-54 | <input type="checkbox"/> 75 or over |
| <input type="checkbox"/> 25-34 | <input type="checkbox"/> 55-64 | <input type="checkbox"/> Prefer not to say |

I am

- | | | |
|--|-----------------------------------|--|
| <input type="checkbox"/> Heterosexual/straight | <input type="checkbox"/> Gay Man | <input type="checkbox"/> Prefer not to say |
| <input type="checkbox"/> Lesbian/Gay Woman | <input type="checkbox"/> Bisexual | |

If you prefer to use your own term, please specify here:

I am

- | | | |
|--------------------------------------|---------------------------------|--|
| <input type="checkbox"/> No religion | <input type="checkbox"/> Hindu | <input type="checkbox"/> Sikh |
| <input type="checkbox"/> Buddhist | <input type="checkbox"/> Jewish | <input type="checkbox"/> Prefer not to say |
| <input type="checkbox"/> Christian | <input type="checkbox"/> Muslim | |

Other (please state)



I am

- White: White British, Irish, Gypsy/Irish traveller, Polish, Other white background
- Mixed: White and Black Caribbean, White and Black African, White and Asian
- Other mixed background
- Asian or Asian British: Indian, Pakistani, Bangladeshi, Nepalese
- Other Asian background: All Asian groups
- Black or Black British: Caribbean, African, Other black background, All Black groups
- Other: Somali, Romany, Arab
- Prefer not to say
- Other ethnic group (please describe below)

Do you consider yourself to have a disability, long-term illness or health condition?

- | | | |
|---|------------------------------|-----------------------------|
| Physical disability | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Sensory disability | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Speech and language difficulty | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Learning difficulty | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Autism | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Diagnosis of Cancer, HIV+ or Multiple Sclerosis | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Other progressive disabilities | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Mental health issues | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Hidden disability such as Epilepsy or IBS | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

Other (please specify)

Do you have caring responsibilities? Yes No

If yes, please tick all that apply:

- Primary carer of a child/children (under 18)
- Primary carer of disabled child/children
- Primary carer of disabled adult (18 and over)
- Primary carer of older person
- Secondary carer (another person carries out the main caring role)
- Prefer not to say



Are you currently pregnant or have you given birth in the last year?

Yes No Prefer not to say

Please state your commonly spoken language

Please provide your email address if you would like to be kept up to date with this consultation

Thank you for providing your views on this consultation.

Please cut out this feedback form and send it to us at

Freepost Orthopaedic Surgery Centre Public Consultation.



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