



## **NORTH EAST ESSEX UROLOGY CANCER SUPPORT GROUP AUGUST 2019 NEWSLETTER**

Thank you all who attended the July meeting so nice to see so many people and the new members.

It started as being as another disappointing evening due to some misunderstanding Tanya Jewel went to Broomfield, but I have communicated with her and she will be pleased to come along next year.

Our Tea Party evening went even better than anyone could have expected, there were cakes in abundance, maybe there was just a little advantage with Tanya not attending. The evening raised £400 for the Wellness Centre I will now be getting in contact with Kathryn Ramsey who is project manager for the Wellness Centre to determine the best way our donation can be used. Well done and many thanks to everyone.

### **The Next Meeting 4<sup>th</sup> September 2019**

This month we have the return of Jenni Homewood talking on Complimentary Medicine, this is a fantastic presentation and how complimentary medicine can help with urology problems.

### **CAR PARKING**

**All car parking continues to be in the main visitor car park. Entry is by Vehicle Recognition; at the meeting we will give a FREE exit ticket.**

**To exit you will need to enter your vehicle registration into the machine at the hospital entrance or those located in the car park area, this will give you two options to pay or exit by pass, press on the line for exit by pass and present your voucher to the window just below the key pad.**

**Vehicles parked illegally will be subject to a fine, which could be £70.**

All meetings start **1800hrs.** with a cup of tea or coffee giving people the opportunity to network before the presentation starts at **1830hrs.** **Training Rooms South (our normal rooms)**

We will have our tea and coffee in the area next to the presentation room; this gives the opportunity for everyone to network and we can clear away before the presentations start.

I detail below two addresses which may assist members:

Prostate Cancer UK  
Confidential helpline: 0800 074 8383  
[info@prostatecanceruk.org](mailto:info@prostatecanceruk.org)  
Website: [www.prostatecanceruk.org](http://www.prostatecanceruk.org)

Macmillan Cancer Support  
Free phone 0808 808 0000 (Mon-Fri 9am - 6pm)  
Website: [www.macmillan.org.uk](http://www.macmillan.org.uk)

Any queries to Lucy Powell, Maggie Braithwaite, Amy Sibbons, Rachel Minter & Julie Reynolds  
(Urology Cancer Clinical Nurse Specialists)  
Tel: 01206 742964

Maurice Newbolt (Hon. Sec.)  
E-mail: [col.cansupport@gmail.com](mailto:col.cansupport@gmail.com) 3, HENLEY COURT, LEXDEN COLCHESTER CO3 4HD